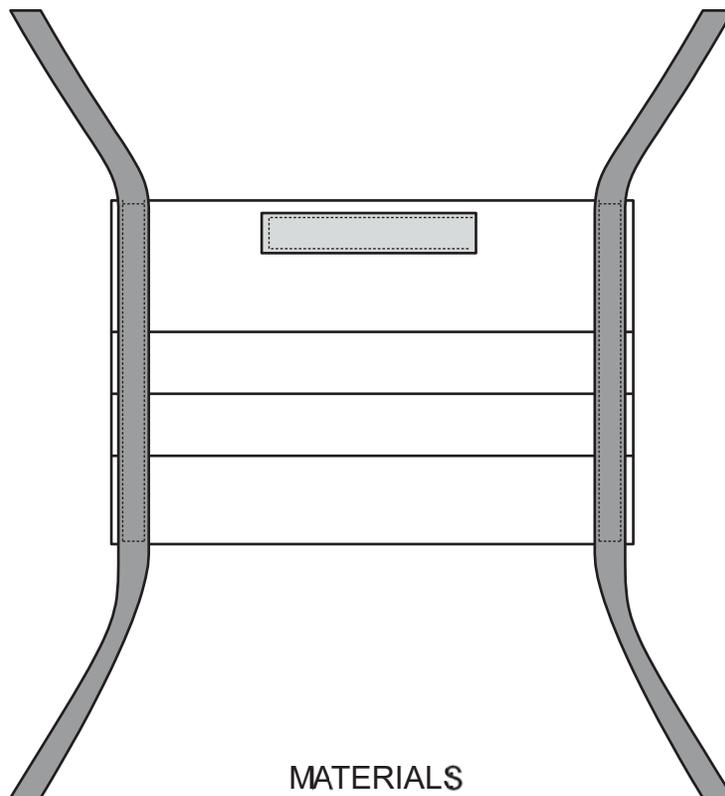


Instructions on how to make a mask. (**Overlocker instructions included**)



MATERIALS

MAIN PART OF MASK:

9" x 14" – swath of 100% prewashed woven cotton fabric -Fabric ***must*** have a pattern to it.

To avoid confusion with medical-grade masks, do not use blue and white patterns.
Never use solid white or solid blue.

NOSE PIECE:

4" x 3/4" twill tape

OR

4" x 1.25" fabric

TIES:

(x2) 48" long, 1/2" soft grosgrain ribbon

OR

1/2" or 1/4" cotton twill tape or bias tape

OR

Binding made from 1" wide strips of fabric - turned into binding.

MATERIALS:

- Main Mask: 9" x 14" - 100% Pre-Washed Woven Cotton Fabric -Fabric
MUST have a pattern to it.

- NO blue & white patterns, NO solid Blue, NO Solid White, NO solid colors.

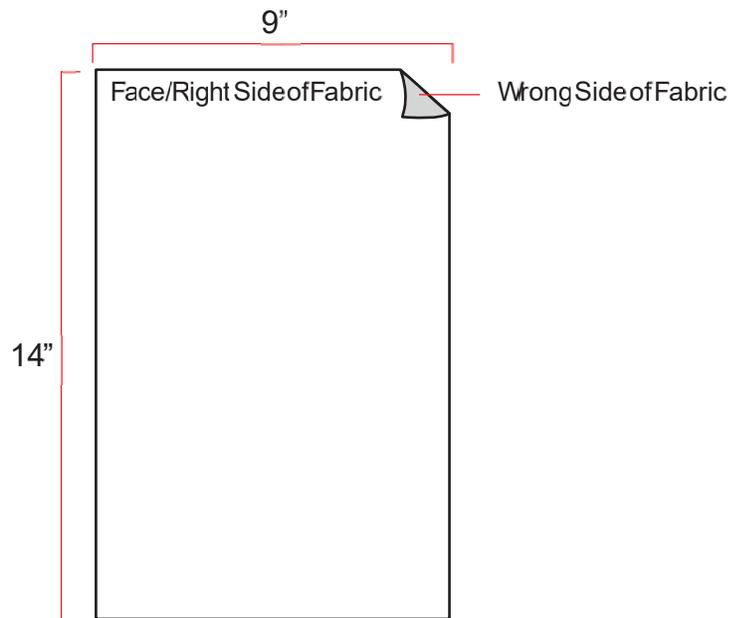
This is to avoid confusion with medical grade masks.

- Nose Piece: 4" x 3/4" Twill Tape - or - 4" x 1.25" Fabric

- Ties: 48" Long (x2) - 1/2" Soft Grosgrain Ribbon (or alternately 1/2" or 1/4"
Cotton Twill Tape/Bias Tape - or - binding made from 1" wide strips of fabric)

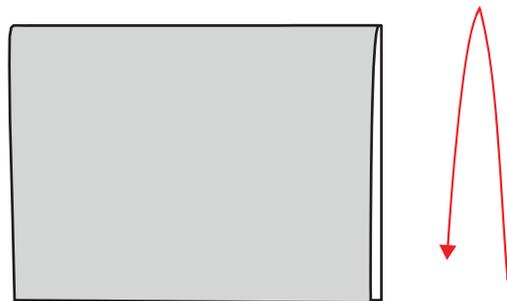
STEP 1:

Cut fabric to 9" x 14"



STEP 2:

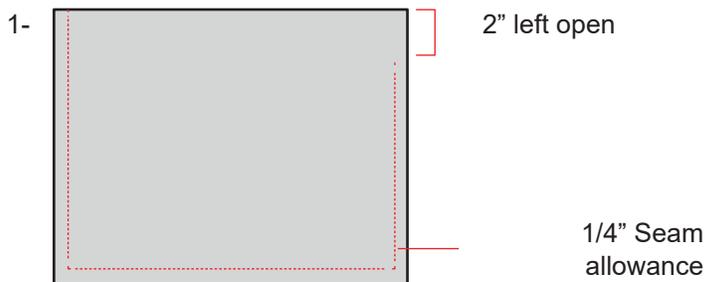
Fold fabric in half.
Right sides together.



STEP 3:

Folded edge

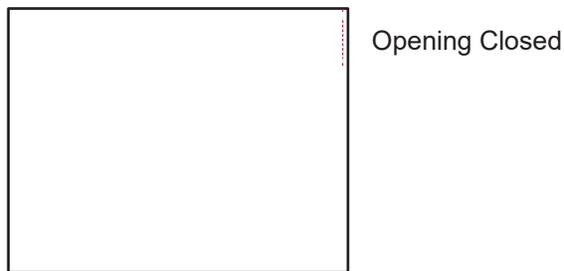
Sew around open edges with 1/4" seam allowance.
 Leave 1-2" open on side to turn right side out.



STEP 4:
 Turn right side out - and sew closed hole. Edge Stitch
 Press flat.

For a Overlocker

1. Serge only the bottom edge
2. Flip to right side and press
3. Serge the 2 side edges closed
4. Continue with Step 5 Pleats

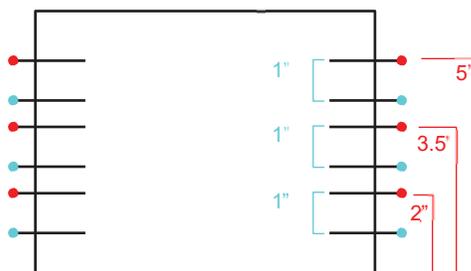


STEP 5:
 Prep for pleats.

From the bottom place pins (red pins):
 2"
 3.5"
 5"

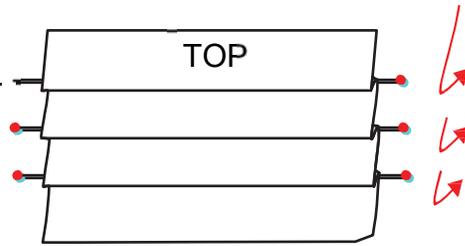
Next, place pins (blue pins) 1" down from each of the red pins.

Repeat on other side.



STEP 6:

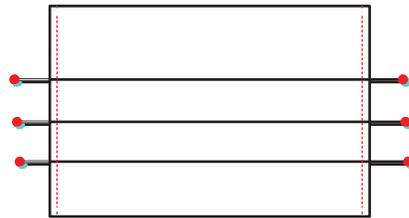
Create pleats by folding the red pin on top of the blue pin. Once folded - each pin should be about 1/2" apart.



STEP 7:

Sew Pleats

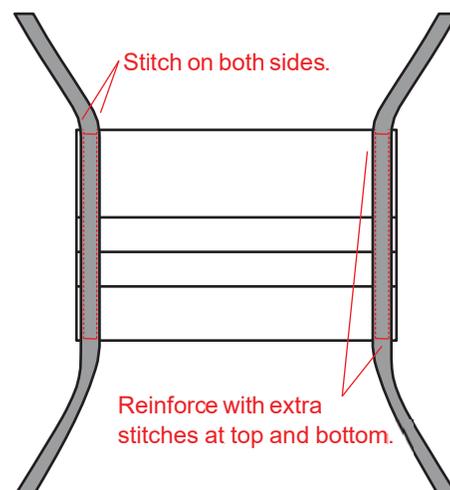
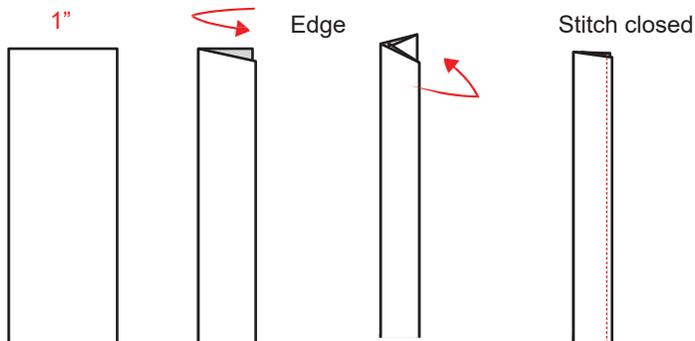
Once sewn mask should measure about 3.5"x8.5"



STEP 7 : TIES - 1/2" grosgrain ribbon Apply ties on **FRONT** of mask where pleats face outwards.

(or alternately, 1/4" or 1/2" twill tape) Or to make your own ribbon out of fabric:

1" wide strip Fold in Half Fold sides in towards center of self fabric + press + press



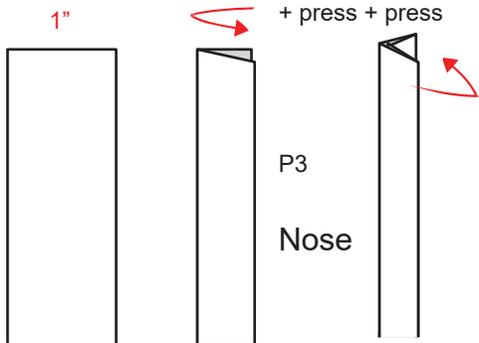
STEP 7: ALTERNATE TIE OPTION - 1/2" Twill tape.

Find center point of tie, and center point of side of mask.

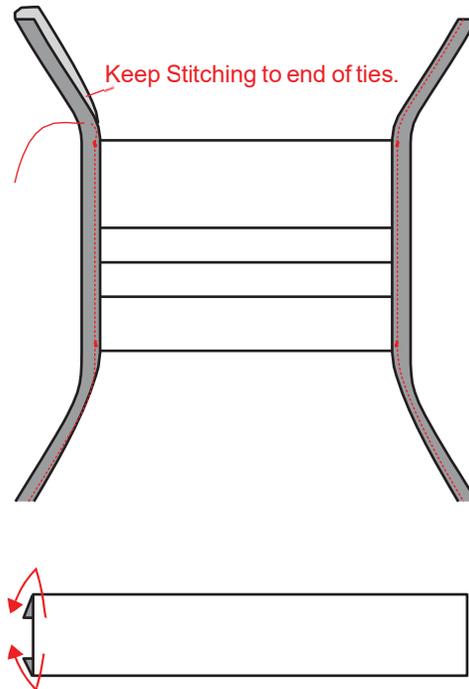
Fold twill tape around side of mask. Sew. Be sure to reinforce at ends.

If using self fabric for binding + ties:

1" wide strip Fold in Half Fold sides in towards center of self fabric



STEP 8:
strip casing



Overlocker (I did do this step on the sewing machine)

For the one I did, I took a strip of bias tape and sewed it down on each side to make a casing for elastic. It worked better than the ones I made with ribbon.

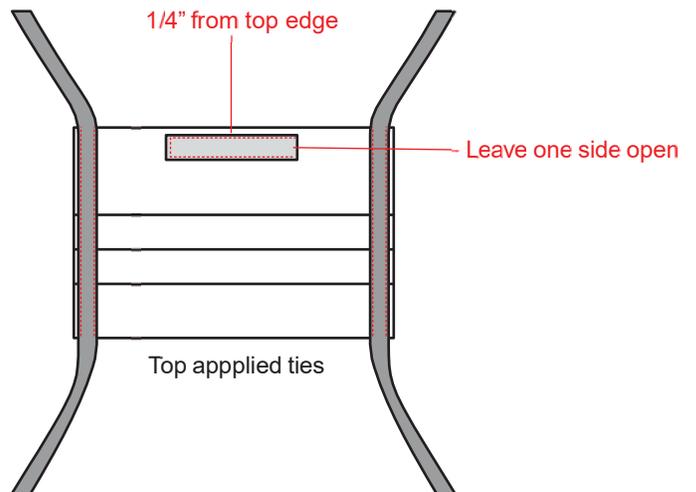
You can use 3/4" Wide twill tape. -or -
Cut 4" X 1.25" piece of fabric.

Turn sides under 1/4" and press.

Center nose strip casing on long side of mask and
position 1/4" down from top edge.

Edge stitch around nose strip on three sides - leaving
one short side open.

Center on mask



Center on mask

